



CYCLE SHOPS

- Cherryholt Cycles**
Holt House Business Centre
Unit 2, Cherry Holt Road
Bourne PE10 9LH
t: 01778 393311
- Cliff Edge Cycles**
mobile cycle repair and maintenance.
Caythorpe, Grantham
t: 07771 602 609 or 01400 273713
www.cliffedgecycles.co.uk
- Chris O'Connor Cycles**
Open Fri-Sun
44 Watergate, Grantham,
Lincolnshire, NG31 6PR
t: 01476 851812 and mob: 07904008528
- Cycle Sports**
33 London Road
Grantham
t: 01476 591434
- Halfords**
London Road, Grantham
t: 01476 591434

5 Pedal Pushers
Unit 4, Inner St Bus. Pk.
Inner Street, Grantham
NG31 6HN
t: 01476 569508

6 Riverside
5 Northgate, Sleaford
t: 01529 414511

CONTACTS

Lincolnshire County Council
t: 01522 782070
www.lincolnshire.gov.uk

Grantham Tourist Information Centre
Council Offices
St Peter's Hill
Grantham
t: 01476 406166

Lincolnshire Tourism
t: 01522 782332
www.visitlincolnshire.com

Sustrans
2 Cathedral Square,
College Green, Bristol
BS1 5DD
Tel: 0117 926 8893
www.sustrans.org.uk

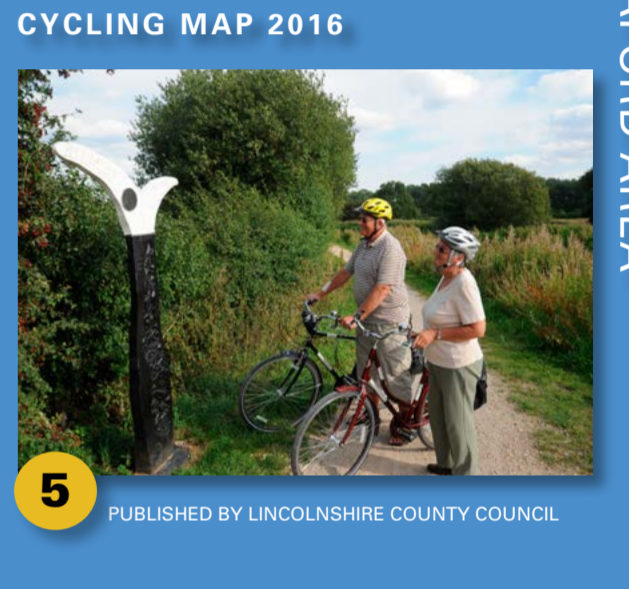


BICYCLES AND TRAINS AROUND THE AREA

This area is well served by trains. Grantham is on the East Coast Main Line with direct trains to London, Yorkshire and Scotland. These trains will take five cycles (including tandems) but places should be booked in advance. Bottesford, Ancaster, Rauceby, Sleaford and Heckington are on the Nottingham to Boston and Skegness line and take two cycles without booking. Sleaford is additionally on the Doncaster, Lincoln, Spalding and Peterborough line and again has space for two cycles.

GRANTHAM PEDAL PARK

Grantham's Pedal Park is still the only facility of its kind in Lincolnshire. For a modest subscription, cyclists can use the secure, inside cycle parking, together with the lockers, toilets and showers. Its current site is due for redevelopment and so the Pedal Park will be moving to its new site during 2016.



GOOD CYCLING CODE

ON ALL ROUTES

Please be courteous! Always cycle with respect for others, whether cyclists, pedestrians, people in wheelchairs, horse riders or drivers, and acknowledge those who give way to you.

ON SHARED-USE PATHS

- Give way to pedestrians: leave them plenty of room
- Keep to your side of any dividing line and keep to the left when you meet other cyclists
- Be prepared to slow down or stop if necessary
- Don't expect to cycle at high speeds
- Be careful at junctions, bends and entrances
- Remember many people are hard of hearing and visually impaired - don't assume they can see or hear you
- Carry a bell and use it - don't surprise people
- Give way where there are wheelchair users and horse riders

WHEN CYCLING ON ROADS

- Always follow the Highway Code
- Be seen - most accidents to cyclists happen at junctions
- Fit lights and use them in poor visibility
- Consider wearing a helmet and conspicuous clothing
- Keep your bike roadworthy
- Do not cycle on pavements except where designated - pavements are for pedestrians
- Use your bell - not all pedestrians can see you

AND IN THE COUNTRYSIDE

- Always follow the Countryside Code
- Respect other land management activities, farming or forestry and take litter home with you
- Keep erosion to a minimum if off-road
- Try to cycle or use public transport to travel to the start and finish of your ride
- Match your speed to the surface and your skills

THE GRANTHAM AND SLEAFORD AREA

This 2016 edition of the Grantham and Sleaford Cycling map is one of a series of cycling maps, published by Lincolnshire County Council, that cover the whole of Lincolnshire.

This updated map shows the improved facilities in both towns. Grantham has new links to the hospital from the Riverside Path and from Manthorpe, whilst Sleaford now has a cycle connection to Greylees. New crossing facilities and parking provision are also included.

The map shows an area full of variety. To the east, lanes lead into the flat Fenland landscape whilst south of Grantham the Vales of Lincolnshire offer some delightful scenery. In the west is the Vale of Belvoir with the Grantham Canal with its cycle path running through it. The map has been produced to enable cyclists to find and enjoy the network of lanes and cycle facilities around the area. Being a very agricultural area, there are times when very large lorries will use even the smallest roads in order to take the crops from the fields to shops, markets or to be processed. Although the lanes marked are generally the quieter ones, riders must bear in mind that all roads have periods when they are busier and attract larger or faster vehicles, so cyclists must always take care.

The Grantham Canal

The Grantham Canal runs for 33 miles passing through the beautiful Vale of Belvoir from Grantham through to Nottingham and makes a great route to cycle. The canal was closed to commercial traffic in 1929, but is now undergoing restoration towards full navigation. Almost all the canal is still in water, and locks have been rebuilt. However, many hump-backed road bridges have been lowered, and will need to be reinstated before boats can pass. The connection to the River Trent has also been obliterated.



GRANTHAM CANAL



Despite this, the towpath has been rebuilt to offer an excellent quality trail for walkers and cyclists. From West Bridgford to Harby (25.5km) is a level path. From Harby to Woolthorpe (16.5km) is rough grass and more suitable for summer cycling. The final section of towpath from Woolthorpe to Grantham (16.5km) is another level path and forms part of the National Cycle Network.

Heckington Windmill

Heckington Windmill is situated close to the railway station in Heckington and can be reached by cycle from Sleaford on quiet lanes. It is a unique eight-sailed working mill which produces



HECKINGTON WINDMILL

stone ground flour by wind power. Originally built in 1830 as a five-sailer, a violent thunderstorm blew off the cap and sails and it was repaired in 1892 with the cap and eight sails from a windmill in Boston. This outstanding example of Victorian engineering was again restored in 2004. It is open each day in summer but has reduced opening times during the other seasons.

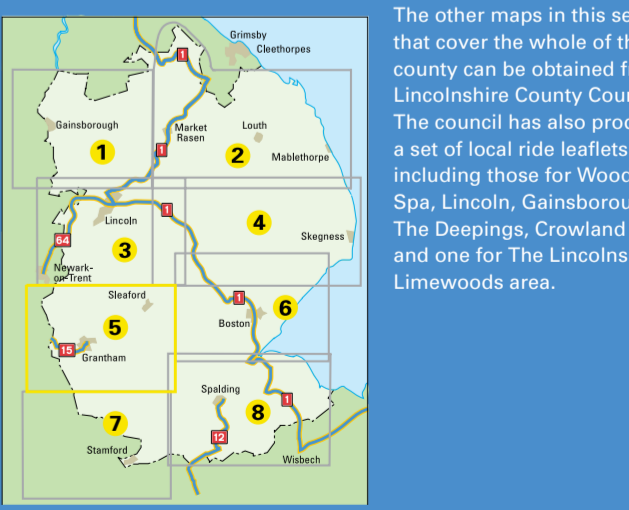
Belvoir Castle

Belvoir Castle can be seen for miles as you cycle across the Vale of Belvoir. Inside the castle are many notable collections, from the military treasures in the guardroom to the stunning staterooms with their impressive period art, tapestries, furniture and sculpture.

In contrast to the grandeur of the State Rooms, the Old Kitchen and Bakery will fuel your imagination of 'below stairs' life in 1825.

Woolthorpe Manor

Woolthorpe Manor, now a National Trust property, was the birthplace and family home of Sir Isaac Newton and is a cycle ride along the National Byway, going south from Grantham. At the Manor you can see the exhibition that explores Newton's childhood at Woolthorpe or get busy in the Interactive Science Discovery Centre. You can see the apple tree that inspired Newton to discover gravity and children can dress up as a child from the 1600s.



Cover images: Top: Sleaford © Lincolnshire County Council. Mid-left: Isaac's Apple by Nigel Sanderson © David Martin. Mid-right: The Grantham Canal © Lincolnshire County Council. Bottom: Millennium Milepost © Lincolnshire County Council

Produced by Sustrans FourPoint Mapping, 2 Cathedral Sq, College Green, Bristol, BS1 5DD with Realistic Solutions t: 01522 78425

